



Time Mon 22 Dec	Tues 23 Dec	Xmas Eve	Xmas Day	Boxing Day	Sat 27 Dec	Sun 28 Dec
6.15am cxworx	RPM RPM	Lesmils BODYPUMP	Ailius Duy	Donning Day	OUL ET DEC	Juli LO DGC
9.00am	nrw.	BUDYPUMP			RPM	
9.15am Lesmills Bodybalance	Lesmills BODYPUMP					LESMILLS BODYBALANCE
9.30am				No		
10.00am			Closed	classes	CXWORX	
4.30pm						
5.30pm GRIT SERIES	BODYCOMBAT.					
6.00pm S GODYATTACK M RPM	BODYBALANCE RPM					
Time Mon 29 Dec	Tues 30 Dec	New Years Eve	New Years Day	Fri 2 Jan	Sat 3 Jan	Sun 4 Jan
9.00am Lesmils BODYBALANCE	LESMILLS BODYPUMP	BODYATTACK			RPM	
9.30am					GRIT SERIES	BODYBALANCE
10.00am		CXWORX	No		CXWORX	
4.30pm			classes			
5.30pm RPM	GRIT SERIES			BOOTCAMP		
6.00pm						
Time Mon 5 Jan	Tues 6 Jan	Wed 7 Jan	Thurs 8 Jan	Fri 9 Jan	Sat 10 Jan	Sun 11 Jan
6.15am	LPSMILLS RPM.	BODYPUMP	RPM	RPM.		
8.15am					CRIT SERIES RPM	
9.00am					CXWORX	
9.15am Lesmills BODYBALANCE	BODYPUMP		BODYPUMP.	LESMILLS BODYBALANCE		
9.30am					BODYSTEP	BODYBALANCE
10.00am 4.30pm						
4.50pm 5.00pm						
5.30pm GRIT SERIES	BODYCOMBAT.	CXWORX	BODYCOMBAT.	CXWORX		
6.00pm Sbooyattack Markets	BODYSTEP RPM	Lesmills BODYPUMP	BODYBALANCE RPM	BODYATTACK		
6.30pm			GRIT SERIES			
7.00pm	LOSMILLS BODYBALANCE					

## **Christmas/New Year Holiday Hours**

24th December ......5.30am-7pm Christmas Day ......Closed 26th December - 4th January .....7am-7pm

Normal hours resume Monday 5th January Full timetable resumes Monday 12th January

Don't forget to book your GRIT Training Series and RPM classes.

Please refer to www.cbaytimaru.co.nz for Caroline Bay Trust Aquatic Centre Aquatic hours



